

# Dragoon River Romp

## September 18, 2010

\*\*\*\*\*NOTE THE HOURS FOR THIS YEAR\*\*\*\*\*  
\*\*\*\*\*-Please review suggestions\*\*\*\*\*

July 1, 2010

Dear River Romp Volunteer,

Thank you for your interest in helping make the Dragoon River Romp a success. Attached you will find everything you need to answer any questions you might have and to help you prepare for the fun task that lies ahead of you. In this packet you will find the following items, **please read them carefully as things may have changed from past events:**

- Registration Form
- Schedule of Dragoon River Romp
- Safety Information, Release and Waiver
- Additional Information about the Dragoon River Romp

We want to remind you that registration is due the **10th of September**. **Please help in our planning by registering early.** This event will be limited and we will only guarantee acceptance of the first 100 volunteers in canoes and 45 on land that turn in their registration form. We hope that we have covered any questions you might have, but if not you may contact the coordinator to answer your questions. We look forward to receiving your registration and getting outdoors with you to make Boone County a better place!

Sincerely,  
Dragoon River Romp Committee



Dragoon River Romp Committee  
Keep Boone County Beautiful/Boone County Landfill  
Lois Powers, Coordinator  
1268 224th Lane, Boone, IA 50036  
Phone: 515-433-0591  
Fax: 515-433-0545  
E-mail: [kbc@boonecounty.iowa.gov](mailto:kbc@boonecounty.iowa.gov)  
Website: <http://www.boonecounty.iowa.gov>

# Dragoon River Romp

September 18, 2010

The Des Moines River in Boone County, Iowa

Registration Deadline: **September 10th, 2010**

Please fill out this form completely before returning

No alcohol will be allowed during the River Romp Clean-up, Lunch, and Awards

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Phone: ( ) \_\_\_\_\_ - \_\_\_\_\_ Cell: ( ) \_\_\_\_\_ - \_\_\_\_\_

**Free T-Shirt Size (Adult):**     Small     Medium     Large     XLarge     XXXLarge     3X

Please check your preference:

Land Based (On land litter pick-up, sorting, registration, etc.)

(we have a group and would like to use our own vehicle   y  n)

Water Based (Canoeing the Des Moines River in search of trash)

Do you need a canoe?  Yes     No, I will bring my own canoe/kayak     Not applicable

What is your paddling skill level?  Beginner     Intermediate     Experienced

If an experienced paddler would you like to be a lead or sweep?

Yes     No

If paddling a canoe, do you have a partner?  Yes - Who: \_\_\_\_\_

No, I will need a partner

Do you have your own PFD (lifejacket)?  Yes     No

**PFD'S MUST BE WORN WHENEVER VOLUNTEER IS ON THE WATER**

**(If you are seen without a PFD you will be removed from the water)**

Do you have any food allergies?  Yes, What: \_\_\_\_\_  No

Do you prefer a vegetarian meal?  Yes     No

# Dragoon River Romp

September 18th 2010

Times	Water and Land Activities		
7:30 a.m.	Registration tables open at Seven Oaks Donuts, coffee and orange juice available at this time		
8:00 a.m.	Safety instructions and instructions by Seven Oaks (all volunteers are required to attend before participating)		
8:15 a.m.	Transport volunteers to E-57 boat ramp		
8:30 a.m.	Canoes enter the water (E-57) Land Lovers depart to clean-up sites		
1:30 p.m. (approximately)*	Land Lovers return to Seven Oaks*		
1:30—1:45 p.m. (approximately)*	Canoes arrive at Hwy 210 boat ramp* Transported to Seven Oaks		
2:00 p.m. (approximately)*	Lunch at Seven Oaks* Followed by River Romp Awards Banquet		
<b>Potential Land based Clean-up Sites</b>			
	<table style="width: 100%; border: none;"> <tr> <td style="width: 50%; vertical-align: top;">           Fraser boat ramps (2)            E-57 Boat Ramp            Quarry near Hwy 210            West 224th Lane            Only if time allows:            McHose Park         </td> <td style="width: 50%; vertical-align: top;">           Highway 30 Boat Ramp            Sugar Valley Boat Ramp            Highway 210 Boat Ramp              Swede Point Campground         </td> </tr> </table>	Fraser boat ramps (2) E-57 Boat Ramp Quarry near Hwy 210 West 224th Lane Only if time allows: McHose Park	Highway 30 Boat Ramp Sugar Valley Boat Ramp Highway 210 Boat Ramp  Swede Point Campground
Fraser boat ramps (2) E-57 Boat Ramp Quarry near Hwy 210 West 224th Lane Only if time allows: McHose Park	Highway 30 Boat Ramp Sugar Valley Boat Ramp Highway 210 Boat Ramp  Swede Point Campground		

# Dragoon River Romp

## Need to Know

### Basic Information

- If you bring your own boat, it must be properly registered through the State of Iowa, all vessels (other than motorized boats) will be transported by Seven Oaks Recreation.
- Seven Oaks Recreation will have shower facilities available for clean up before the awards and meal.
- Seven Oaks Lodge will be open all day for volunteers
- All car keys will be left at Seven Oaks to prevent any lost keys

### Youth Participation Information

- Youth 13 and older will be allowed to participate with a parent or guardian in the water based clean-up efforts. Any youth under the age of 13 will be a part of land based operation.
- Parents/guardians must remain with youth under the age of 18 during the Dragoon River Romp. No one under the age of 18 will be allowed in a canoe without an adult or guardian in the canoe with them.

### Shuttle Information

- All Dragoon River Romp Volunteers will be asked to park at Seven Oaks Recreation, due to the lack of areas to park at clean-up sites
- Shuttles will run on time regardless of late comers, BE ON TIME to help make the River Romp a success
- Buses will leave according to the schedule - Remember you will need to check in prior to loading the bus so make sure you allow enough time for registration. No one is allowed on the bus without their completed Medical History Questionnaire with them. **The buses will leave on time, if you are late—you will miss the bus**

### Cancellation Information

If for some reason the Dragoon River Romp is to be cancelled, cancellation will be posted September 17th on the county website at: [www.boonecounty.iowa.gov](http://www.boonecounty.iowa.gov) or you can also listen to KWBG Radio 1590 AM

### On the Web

Website: There are several websites that will have links to Dragoon River Romp information including:  
Seven Oaks Recreation at [www.SevenOaksRec.com](http://www.SevenOaksRec.com) KWBG Radio at [www.kwbg.com](http://www.kwbg.com)  
Boone County website at [www.boonecounty.iowa.gov](http://www.boonecounty.iowa.gov)

### Dragoon River Romp Supply Check List

Drinking Water Container/non-alcoholic beverages	Identification/ Driver License
Health Information/ Health Insurance card	Sun Block
Sunglasses/Glasses with safety strap	Personal Medications
River Shoes (trashed out tennis shoes or boots - Sandals not recommended)	Bug Spray
Reusable Silverware, plate, and cup (NOT GLASS)	Cap*
Extra pair of Dry Clothing, if planning to stay for lunch and awards*	Hand Sanitizer/wipes
Cash for additional purchases at Seven Oaks*	Rain Gear (if needed)
Water Proof Camera*	Snacks*
PFD (we will provide you with a PFD, however if you have your own you wish to use, you may bring it as well)*	
A USB cord to share pictures taken with waterproof digital cameras at the celebration*	

**\*Suggested items, not necessary**

# Safety Information, Release, & Waiver of Liability

Safety precautions, recommendations, and regulations will be in place at all times during the Dragoon River Romp.

- Safety policies, procedures, and recommendations will be reviewed prior to the event.
- Personal Floatation Devices PFDs– lifejackets) are required to be worn at all times when participants are in a vessel on the water. Children require appropriately-sized PFDs. PFDs will be supplied for volunteers if needed, however if volunteer is to bring their own PFD, the PFD must be appropriately sized for the wearer.
- All participants must portage around all low-head dams. (There are no low-head dams on this year’s route but it is good to be aware of their danger.)

Parents/legal guardians/ and or authorized adult companion of children under 18 years of age will be responsible for that child’s safety. By signing below, the parent/legal guardian of the minor agrees to the terms and conditions of this waiver, and authorizes the designated legal adult named below responsible for the minor.

Are you 18 years old or over?  Yes  No

The applicant and parent/legal guardian (s), by signing below, recognize that the program involves some risk and that she/he takes responsibility for all actions or injury that may result in participating in the Dragoon River Romp. **All Children under 18 must be accompanied by a parent/legal guardian or authorized adult companion, and must have a parent/legal guardian signature(s) and, if applicable, authorization of an approved adult companion, below.** The applicant and parent/legal guardian, by signing below, agree to the following statement: **All participants are required to wear an appropriately-sized PFD (personal flotation device) at all times when they are in a vessel on the water.**

I, \_\_\_\_\_ (applicant name) and \_\_\_\_\_ (parent/legal guardian name), hereby release, waive, discharge and covenant not to sue Boone County, Seven Oaks, any canoe outfitter, county or other agencies, partners, cooperating land owners, sponsors and any of the offices, servants, agents, and employees of the above mentioned entities (hereinafter referred to as “Releasees”) for any liability , claim and/or cause of action arising out of or related to any loss, damage or injury, including death, that occurs as a result of my participation in the Dragoon River Romp.

I agree to indemnify and hold harmless the RELEASEES whether injury is caused by my negligence, the negligence of the RELEASEES or the negligence of any third party. I further agree that this Release and Waiver of Liability shall bind the members of my family and spouse, if I am alive, and my heirs, assigns and personal representatives, if I am deceased, and shall be deemed as a RELEASE, WAIVER, DISCHARGE AND COVENANT NOT TO SUE the above-named RELEASEES. I hereby further agree that this Release and Waiver of Liability shall be construed in accordance with the laws of the State of Iowa.

**Participants understand that photographs may be taken during the Dragoon River Romp and may be used in the future to chronicle and publicize the project.**

**By signing this Release and Waiver of Liability, I state that I have read and understand the conditions set forth in this Release and that I agree to all conditions set forth herein, and that I sign this voluntarily.**

---

Signature of participant

Printed name of participant

Date

I/we \_\_\_\_\_ (name(s) of parent/legal guardian) authorize \_\_\_\_\_ (name of child) to be accompanied on the trip by \_\_\_\_\_ (name of authorized adult companion).

---

Signature(s) of parent/legal guardian

Printed name(s) of parent/legal guardian

Date

# Dragoon River Romp Medical History Questionnaire

**Please bring this questionnaire already filled out with you to the Dragoon River Romp Registration Booth. You will keep this on you in a Ziploc bag (provided) in case of an emergency during the River Romp. Filling out this form could provide us with important information if you are injured.**

**PLEASE PRINT CLEARLY**

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Gender  M  F Guardian Name and # (if under 18 yrs): \_\_\_\_\_

Physician Name and Phone #: \_\_\_\_\_

In Case of Emergency, Contact: \_\_\_\_\_

Emergency Contact Phone #(Day): \_\_\_\_\_ (Evening) \_\_\_\_\_ (Cell) \_\_\_\_\_

Yes  No Are you allergic to any medications (aspirin, penicillin, etc?)

List: \_\_\_\_\_

Yes  No Do you take any medications?

List : \_\_\_\_\_

Yes  No Have you ever been told by a doctor that you have epilepsy?

When: \_\_\_\_\_

Yes  No Have you had a recent surgical operation, accident or injuries?

When/What: \_\_\_\_\_

Yes  No Have you ever been "knocked out" unconscious or had a head injury?

When: \_\_\_\_\_

Yes  No Are you pregnant? Do you wear glasses? \_\_\_\_\_ Do you wear contact lenses? \_\_\_\_\_

Date of last tetanus immunization: \_\_\_\_\_

Please circle any of the following medical conditions you have had within the last 5 years:

Hay fever or allergies (especially to bees, ants, etc.) Heart disease High Blood Pressure

Asthma Diabetes Seizures Fainting Spells

Is there anything else about your health we need to know in case of an emergency?

\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**This information will only be viewed if there is a medical emergency during the Dragoon River Romp.**

# Dragoon River Romp 2010

## General Safety Information

We want you to have a safe and fun time on the 5th Annual Dragoon River Romp. Please follow these safety guidelines while you are out helping us improve Boone County. If there are any accidents or help is needed you can contact the following phone numbers for help or flag down Emergency Management in a motorized boat.

**Emergency Management (Water Patrol) – 515-230-0685**  
**Boone County Sheriff's Department – 911**  
**Scott Smith (Coordinator) – 515-290-0482**  
**Lois Powers (Coordinator) – 515-230-2737**  
**Lisa Anderson (Coordinator) – 515-290-0035**

- Boone County Search & Rescue donates their time to provide rescue capabilities for us to keep everyone safe.
- Look where you step. Make sure you remain on sound footing.
- Do not pick-up items that are extremely heavy – if possible other boats will be in the area to help get these item out of the water. If you find a heavy item flag down one of these boats.
- If an item is sharp, once again flag down one of the motorized boats for help.
- No alcohol will be allowed on this trip, we want a safe and fun journey for everyone who has donated a Saturday to help us improve the Des Moines River.
- All paddlers must keep their PFD on while on the River, regardless of their paddling experience or swimming capabilities. This is a liability for us, you will be removed from the river if not in compliance.
- Be aware of possible Meth Labs - Debris left behind after making Meth often includes common household items. Chemicals used in making Meth can give off fumes that can be harmful or even fatal. Meth is often made outdoors, with dangerous debris left behind-debris you might find while picking up litter or at any other time! It is very important that youth and adults who participate in outdoor recreation at any time of the year learn to spot potential hazards.

### **Examples of Meth Debris (not all inclusive)**

- |  |   |
|--|---|
| ▪ Coffee filters   | ▪ Plastic or glass soda bottles (often with hoses taped to the top) |
| ▪ Lithium batteries  | ▪ Starting fluid cans   |
| ▪ Cold Medicine packages (like Sudafed)                      | ▪ Gasoline Cans   |
| ▪ Duct Tape  | ▪ Brake Fluid containers  |
| ▪ Matches  | ▪ Anhydrous ammonia   |
| ▪ Plastic Containers   |   |
| ▪ Small propane tanks (valve will be corroded a green color) |   |

If a container has fluid in it and you don't know what it is don't open it!!!!  
If you find many of these items in one area flag down Emergency Management for help.